

## Join Us!

# Learn more about our regional bike friendly routes.

Join Bike/Walk Central Florida, Healthy Central Florida, Florida Hospital and Winter Park Health Foundation as we celebrate Mobility Week with Metroplan Chairman and Seminole County Commissioner Bob Dallari and other Champions of Bike Friendly Streets as well as those seeking to learn more about our regional bike friendly routes.

#### WHAT IS THE BIKE-FRIENDLY ROADS RIDE?

- A 13-mile bicycle ride returning to Winter Park via SunRail from Maitland
- A way to experience the diversity of bike friendly road designs and support the continued development of a bike friendly community.
- > Thanks to our partner Healthy Central Florida, we will be joined by national expert Gil Penalosa, the founder of Cyclovia, Gil is a national expert in inclusive city/community-building and ensuring the safety (and joy) of children and older adults from age 8 to 80.

Contact Lisa Portelli, WPHF with questions or to RSVP. <u>Lportelli@wphf.org</u> or call 407-963-1213.

Availability is limited. Be sure to RSVP!



### Bike-friendly Roads Ride

Tuesday, Oct 31, 2017 2:00 p.m.-4:00 p.m.

Meet at Cady Way Trailhead 2529 Cady Way, Winter Park, FL 32792

View a map of the route at: ridewithgps.com/routes/25001572

At mile 11, we will catch the 3:30 p.m. Maitland southbound SunRail to Winter Park and then ride back to the Cady Way trailhead.

#### **PARTNERS**













mobilityweekcfl.com